

	A	B	C	D	E
1		<b>Week 1 - 4th to 10th</b>			
2	<b>Name</b>	<b>Distance</b>	<b>Predicted time</b>	<b>Actual Time</b>	<b>Difference</b>
3	Phil Herd	5km	00:18:20	00:18:27	00:00:07
4	Graham Beniston	5km	00:30:00	00:29:55	00:00:05
5	Helen Rawson	5km	00:24:30	00:23:30	00:01:00
6	Bob Frake	5km	00:20:45	00:21:07	00:00:22
7	Matt Jones	5km	00:23:15	00:24:14	00:00:59
8	Salome Maybanks	5km	00:23:00	00:22:46	00:00:14
9	Steve Lever	5km	00:24:54	00:26:22	00:01:28
10	Anthony Wright	5km	00:24:10	00:23:24	00:00:46
11	Caitlin Bradbury	5km	00:25:10	00:24:32	00:00:38
12	Sunil Sharma	5km	00:28:03	00:28:41	00:00:38
13	Wendy Herd	5km	00:29:02	00:27:39	00:01:23
14	Robert Jackson	5km	00:24:10	00:24:19	00:00:09
15	Marie Pardon	5km	00:23:00	00:22:32	00:00:28
16	Ndiarka Mbodji	5km	00:30:00	00:27:29	00:02:31
17	Catherin Simkins	5km	00:23:07	00:23:32	00:00:25
18	Lucy Grant	5km	00:21:08	00:20:37	00:00:31
19	Caroline Challender	5km	00:25:00	00:24:56	00:00:04
20	Chris Bexton	5km	00:24:08	00:25:37	00:01:29
21	Sam Barfield	5km	00:21:30	00:21:54	00:00:24
22	David Beighton	5km	00:19:36	00:17:56	00:01:40
23	Lisa Jones	5km	00:23:05	00:22:08	00:00:57
24	Stephen Connor	5km	00:21:30	00:20:40	00:00:50
25	Steve Rooney	5km	00:27:00	00:27:27	00:00:27
26	Shane Fenn	5km	00:25:30	00:25:34	00:00:04
27	Michael Lyons	5km	00:20:20	00:19:31	00:00:49
28	Clint Southern-Warburton	5km	00:23:20	00:22:52	00:00:28
29	Charlie Pearce	5km	00:22:22	00:23:00	00:00:38
30	Harry Taylor	5km	00:19:00	00:19:21	00:00:21
31	Andrew Taplin	5km	00:18:35	00:19:38	00:01:03
32	Steve Brown	5km	00:20:45	00:21:22	00:00:37
33					