

Ronhill Derby Midweek Races

REGISTRATION & NUMBER COLLECTION : from 6pm

START TIME : 1 mile at 7pm and the 5km at 7.20pm

VENUE : Alvaston & Boulton Cricket Club, Raynesway, Derby DE21 7BB

PARKING : There is very good car parking but please park as close to the next car as possible and preferably CAR SHARE if at all possible.

CHANGING : Changing and toilet facilities are available for male and female competitors

THE LAP : The whole lap is on flat tarmac footpaths immediately outside the race HQ. The Kilometres are marked.

PINS : Runners must have hundreds of pins in their sports bags and so it would be very helpful if you provide 4 pins at each appearance.

YOUR RACE NUMBER : On your first appearance at the event, you will be issued with a race number and this will remain your number for the whole season. When you finish, please take your number off and place it in the white bag on the registration desk. It will then be filed and be available for you the next time your run in one of the series.

ENTRY PROCEDURE : It really does help me if you can enter in advance (up to 12 noon on the day of the race) as it speeds up the production of the results.

For the opening event of the season (12 September), please text the following details to me on 077 47 77 62 33 : SURNAME – FIRST NAME – AGE & DATE of BIRTH – CLUB (or state UN if not a member of a recognised running club) – E-MAIL ADDRESS – MOBILE NUMBER.

Alternatively, complete a registration form on the night at hand it in at registration.

Before each of the subsequent races, you will receive an e-mail with a list of previous entrants together with their race number. If you are planning to run, just text your race number to me on 077 47 77 62 33 and your number will then be available at registration....saves time.

ENTRY FEE: £4 for 18's and over; £2 for 16 & 17 year olds and FREE for under 16's. The fee entitles you to run in either or both races and, if you leave an e-mail address, a copy of the full results sent to you later in the evening. Please TRY to have the correct change, if possible.

Best wishes and thanks,
David
077 47 77 62 33