

## Beeston AC Cross Country League 2019/20 - Men's Competition

	12 Oct	9 Nov	7 Dec	4 Jan	5 Jan	11 Jan	12 Jan	25 Jan	2 Feb	9 Feb	22 Feb	Races	Total
	NM1	NM2	NM3	NOT	EM1	NM4	EM2	MID	EM3	EM4	NAT		
1 Phil Herd			30	30		30		30	29		30	6	179
2 Simon Barnes	28	29	28	28	24	28	28	29	28		27	10	170
3 Geoff Pennington	24	27	26		22	23	26	28	26		24	9	157
4 Pete Wallis	25	26		25	20	20	25	27	27		21	9	155
5 Michael Lyons		25		26	17	19	24		25		23	7	142
6 James Isherwood	27	28		21	18	22	23		14			7	139
7 Mihail Mihaylov	23	23	21	24	15	18	20	26	20		19	10	137
8 Charlie Pearce	22	24	23	20	8	15	18	24	18		8	10	131
9 Bob Frake	20	21	20	19	13	14	19	23	19		12	10	122
10 Mike Kirk			25		21	24			24		25	5	119
11 Chris Robson	21	22	22	23	11	13	16				10	8	117
12 Stephen Mason				27	25	29	29					4	110
13 Harry Taylor			27		30		27				20	4	104
14 John Evans					28		30		30			3	88
15 Dave Bish			24	22				25			16	4	87
16 Joe Gallagher					29	27					26	3	82
17 David Nelson					26	26					28	3	80
Tasso Gazis					19	21			22		18	4	80
19 Chris Bell	30	30										2	60
20 Andrew Taplin			29	29								2	58
21 Richard Eadsforth					16				21		17	3	54
22 Andy Granville	29				23							2	52
Dan Rawson					27	25						2	52
24 Morgan Field					14		22				15	3	51
25 Alec MacLean					6		14		16		9	4	45
26 John Walker					9		17		17			3	43
27 Guy Carney					12	17	13					3	42
28 Jack Bibby	18	20										2	38
29 Ken Morrell					5		11		13		7	4	36
30 Anthony Wright							17		15			2	32
31 Andy Jackson				18			12					2	30
32 Tom Brunt											29	1	29
33 Dave Evans	26											1	26
34 John O'Donnell					3		10		12			3	25
Philip Makin					10		15					2	25
36 Andy Hunter									23			1	23
37 Tim Hills											22	1	22
38 Ian Sayers							21					1	21
39 Chris Greensmith					2		8		10			3	20
40 Leon Hunt	19											1	19
41 Clint Southern-Warburton						16						1	16
42 Paul Dennis											14	1	14
43 John Gibbon					4		9					2	13
Rob Henderson											13	1	13
45 Nigel Turner									11			1	11
Steve Brown											11	1	11
47 Rob Jackson					7							1	7
48 Shane Fenn											6	1	6
49 Paul Hartshorne											5	1	5
Total:	13	11	11	13	29	18	24	8	21		26		

### Best 6 results to count

Tie-breakers if required:

- Most first place finishes
- Head-to-head record
- Result of last head-to-head

### North Midlands League

<b>NM1</b>	12 Oct - Markeaton Park, Derby
<b>NM2</b>	9 Nov - West Glebe Park, Corby
<b>NM3</b>	7 Dec - Shipley Country Park, Heanor
<b>NM4</b>	11 Jan - Wollaton Park, Nottingham

### East Midlands League

<b>EM1</b>	5 Jan - Bramcote Hills Park, Bramcote
<b>EM2</b>	12 Jan - Holme Pierrepont Country Park
<b>EM3</b>	2 Feb - Colwick Woods, Colwick
<b>EM4</b>	9 Feb - West Park, Long Eaton

For any questions or corrections, please contact

**Charlie Pearce**

<b>NOT</b>	4 Jan - Nottinghamshire AAA Championships, Shipley Country Park, Heanor
<b>MID</b>	25 Jan - Midland Counties Championships, Prestwold Hall, Loughborough
<b>NAT</b>	22 Feb - ECCA National Championships, Wollaton Park, Nottingham

## Beeston AC Cross Country League 2019/20 - Women's Competition

	12 Oct	9 Nov	7 Dec	4 Jan	5 Jan	11 Jan	12 Jan	25 Jan	2 Feb	9-Feb	22 Feb		
	NM1	NM2	NM3	NOT	EM1	NM4	EM2	MID	EM3	EM4	NAT	Races	Total
1 Caitlin Bradbury	30		30	30	30	29	29		30		28	8	179
2 Lucy Grant	29	29	29	28	29	28	28	30	29		29	10	175
3 Catherine Simkins		28			28	27	27		28		27	6	165
4 Jackie Welburn	26	27	28	26	25	24	25	28	26		26	10	161
5 Gabriele Neher	24		27	25	24	25	23	29	27		25	9	158
6 Marie Pardon	25	26		23				27	23		24	6	148
7 Evgeniya Mihaylova	21	25	26	22				26			16	6	136
8 Holly McCain	20	24		17	21			24			23	6	129
9 Ndiarka Mbodji	22	22		19	20	20			20			6	123
10 Sophie Eadsforth		30		29		30					30	4	119
11 Chris Bexton	23	23	25	21		22						5	114
12 Jen Beverley	19				16	19	19		22		17	6	112
13 Salome Maybanks				27	27	26	26					4	106
14 Elaine Clifford	15			20		21		25			20	5	101
15 Louise West	17				18		18		24		21	5	98
16 Wendy Herd					19		17		21		19	4	76
17 Gemma Daykin	18			18					19		18	4	73
18 Jenny Walker					22		20		25			3	67
Karen Mitchell	14	21			14				18			4	67
20 Em Bish	13	20				18					14	4	65
21 Helen Cater	28				26							2	54
22 Charlotte Geeson					23	23						2	46
23 Juliet Harrison					15		15				15	3	45
24 Carrie Barker	16		24									2	40
25 Arwen Makin					17		16					2	33
26 Jane Potter							30					1	30
27 Julia Barham	27											1	27
28 Caroline Challender							24					1	24
Susan Wheatcroft				24								1	24
30 Alison Hogg			23									1	23
31 Jenny Gibbon							22					1	22
Nina Vadgama										22		1	22
33 Helen Rawson							21					1	21
<b>Total:</b>	<b>18</b>	<b>11</b>	<b>8</b>	<b>14</b>	<b>17</b>	<b>13</b>	<b>16</b>	<b>7</b>	<b>13</b>		<b>17</b>		

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