

Pos	Name	Time	Chip Time	Categor y	Cat Pos	Gen Pos	Club
1	Sam Stevens	00:25:30	00:25:29	M Sen	1	1	University of Nottingham AC
2	Aston Perrin	00:26:25	00:26:25	M Sen	2	2	Long Eaton Running Club
3	Dylan Stanway	00:26:26	00:26:24	M Sen	3	3	University of Nottingham AC
4	Christopher Fielding	00:26:35	00:26:35	M Sen	4	4	University of Nottingham AC
5	Christopher Baxter	00:27:46	00:27:44	M Sen	5	5	Badgers
6	Conor Vale	00:28:05	00:28:03	M Sen	6	6	University of Nottingham AC
7	Martin Hunt	00:28:13	00:28:12	M Sen	7	7	Formula One Circuit Crew
8	Mark Boot	00:28:20	00:28:17	M Sen	8	8	Long Eaton Running Club
9	Matt Coaker	00:28:24	00:28:21	M Sen	9	9	Long Eaton Running Club
10	Phil Herd	00:29:00	00:28:58	MV 40	1	10	Beeston AC
11	Tim Caldwell	00:29:12	00:29:09	M Sen	10	11	Long Eaton Running Club
12	David Rowe	00:29:23	00:29:20	M Sen	11	12	
13	John Hunt	00:29:30	00:29:28	MV 50	1	13	Dark Peak Fell Runners
14	Julian Scoffield	00:29:34	00:29:29	M Sen	12	14	
15	Paul Newton	00:29:40	00:29:37	MV 50	2	15	Redhill Road Runners
16	Ian Hunter	00:29:55	00:29:51	MV 40	2	16	ILKESTON RUNNING CLUB
17	Andrew Taplin	00:29:58	00:29:54	MV 50	3	17	Beeston AC
18	Nick Beazley-Long	00:30:10	00:30:08	M Sen	13	18	
19	Mario Rocchelli	00:30:17	00:30:13	MV 40	3	19	Long Eaton Running Club
20	Daniel Cresswell	00:30:22	00:30:19	M Sen	14	20	University of Nottingham AC
21	Simon Nash	00:30:31	00:30:28	MV 50	4	21	
22	Peter Duncan	00:30:38	00:30:36	MV 50	5	22	Lincoln Wellington Athletic Club
23	Richard Howe	00:30:40	00:30:37	M Sen	15	23	Long Eaton Running Club
24	Mark Davis	00:30:57	00:30:54	M Sen	16	24	Redhill Road Runners
25	Ian Chant	00:31:00	00:30:56	MV 40	4	25	Long Eaton Running Club
26	Darryll Thomas	00:31:03	00:30:59	MV 40	5	26	Bromsgrove and Redditch
27	Micheal Perry	00:31:14	00:31:12	M Sen	17	27	Kimberley & District Striders
28	Brian Thomas	00:31:16	00:31:12	MV 40	6	28	Hatton Darts
29	Jack Taylor	00:31:20	00:31:14	M Sen	18	29	
30	Timothy Baggs	00:31:22	00:31:19	MV 40	7	30	Long Eaton Running Club
31	Ian Kirk	00:31:26	00:31:23	MV 40	8	31	Lincoln Wellington Athletic Club
32	James Bielak	00:31:32	00:31:29	M Sen	19	32	Long Eaton Running Club
33	Andrew Mitchell	00:31:34	00:31:30	M Sen	20	33	ILKESTON RUNNING CLUB
34	Robert Stewart	00:31:37	00:31:37	MV 40	9	34	Holme Pierrepont RC
35	Richard Billington	00:31:42	00:31:37	MV 50	6	35	Desford Striders
36	Ben Wilson	00:31:45	00:31:41	M Sen	21	36	Redhill Road Runners
37	Saul Westbrook	00:31:49	00:31:49	M Sen	22	37	University of Nottingham AC
38	David Nelson	00:31:56	00:31:38	M Sen	23	38	
39	David Beighton	00:32:04	00:32:01	M Sen	24	39	Beeston AC
40	Wade Fodden	00:32:10	00:32:04	MV 40	10	40	Long Eaton Running Club
41	Wayne Stott	00:32:21	00:32:21	MV 40	11	41	Redhill Road Runners
42	Tom Beeby	00:32:33	00:32:27	M Sen	25	42	
43	Colin Smith McGloin	00:32:38	00:32:38	MV 40	12	43	Notts AC

44	Jamie Whittaker	00:32:38	00:32:35 FV 35	1	1 Erewash Valley RC
45	John Reynolds	00:32:40	00:32:36 MV 40	13	44 ILKESTON RUNNING CLUB
46	Ed Ducker	00:32:44	00:32:40 MV 40	14	45 Holme Pierrepont RC
47	Keith Morgan	00:32:45	00:32:40 M Sen	26	46
48	Gabrielle Coveney	00:32:48	00:32:44 F Sen	1	2 Holme Pierrepont RC
49	Tom Woodford	00:32:56	00:32:53 M Sen	27	47 Team Derby Runner
50	Paul Griffiths	00:32:59	00:32:56 MV 40	15	48 Formula One Circuit Crew
51	Mark Ison	00:33:04	00:32:57 MV 40	16	49 Team Derby Runner
52	Jonathan Hughes	00:33:08	00:33:00 MV 50	7	50 Long Eaton Running Club
53	Anthony Madge	00:33:18	00:33:13 MV 60	1	51 Holme Pierrepont RC
54	Steve Brown	00:33:25	00:33:19 MV 40	17	52 Beeston AC
55	Philip Deakin	00:33:29	00:33:20 MV 40	18	53 Long Eaton Running Club
56	Alan Maplethorpe	00:33:39	00:33:30 MV 50	8	54 Long Eaton Running Club
57	Ian Bielby	00:33:45	00:33:42 MV 50	9	55
58	Michael Lyden	00:33:47	00:33:41 M Sen	28	56 Beeston AC
59	David Tym	00:33:51	00:33:46 M Sen	29	57
60	Luke Saxton	00:34:02	00:33:55 M Sen	30	58
61	Rosa Lavelle-Hill	00:34:09	00:34:09 F Sen	2	3 Formula One Circuit Crew
62	Hannah Sampson	00:34:17	00:34:13 F Sen	3	4 Holme Pierrepont RC
63	Paul Wade	00:34:23	00:34:15 MV 40	19	59 Long Eaton Running Club
64	Stacey Sangster	00:34:26	00:34:23 FV 35	2	5 Long Eaton Running Club
65	Kyle Sharp	00:34:28	00:34:07 M Sen	31	60
66	Patrick Fitzgerald	00:34:35	00:34:35 MV 50	10	61 Long Eaton Running Club
67	Jill Pittard	00:34:36	00:34:33 FV 35	3	6 Northbrook Athletic Club
68	Patrick Noonan	00:34:38	00:34:30 M Sen	32	62 Erewash Valley RC
69	Aimee Palace	00:34:41	00:34:36 FV 35	4	7 Holme Pierrepont RC
70	Chris Coombs	00:34:46	00:34:41 M Sen	33	63
71	Simon Ross	00:34:52	00:34:45 MV 40	20	64 Holme Pierrepont RC
72	David Riley	00:34:58	00:34:53 MV 60	2	65 Long Eaton Running Club
73	Sharon Chapman	00:35:01	00:34:57 FV 35	5	8
74	Sam Barfield	00:35:15	00:35:11 M Sen	34	66 Beeston AC
75	Tom Broughton	00:35:25	00:35:18 M Sen	35	67
76	Mark Connelly	00:35:26	00:35:19 MV 40	21	68 Run Local
77	Jodie Smith	00:35:26	00:35:23 FV 35	6	9 Long Eaton Running Club
78	Caitlin Bradbury	00:35:28	00:35:22 F Sen	4	10 Beeston AC
79	Jake Moses	00:35:28	00:35:20 M Sen	36	69 Beeston AC
80	John Flint	00:35:33	00:35:27 MV 50	11	70 HEANOR RUNNING CLUB
81	David Arbuthnott	00:35:56	00:35:49 M Sen	37	71
82	Joshua Bee	00:36:06	00:35:59 M Sen	38	72 Highworth RC
83	Chris Neale	00:36:06	00:35:58 MV 50	12	73
84	Charlotte Kenny	00:36:12	00:36:07 F Sen	5	11 Holme Pierrepont RC
85	Laura Howard	00:36:14	00:36:04 F Sen	6	12
86	Martin Grey	00:36:16	00:36:10 M Sen	39	74
87	John Hay	00:36:17	00:36:10 MV 50	13	75 Long Eaton Running Club
88	Pete Rees	00:36:18	00:36:08 MV 50	14	76 SINFIN RUNNING CLUB
89	Neil Walker	00:36:20	00:36:20 MV 50	15	77 Formula One Circuit Crew

90 Tom Clegg	00:36:24	00:36:18 MV 40	22	78
91 Ravi Thapa	00:36:40	00:36:40 M Sen	40	79
92 Nick Woodrow	00:36:45	00:36:38 M Sen	41	80 Beeston AC
93 Matthew Southgate	00:36:46	00:36:40 M Sen	42	81
94 Catherine Marygold	00:36:48	00:36:48 FV 35	7	13 Holme Pierrepont RC
95 Matthew Hooton	00:36:58	00:36:47 M Sen	43	82 Long Eaton Running Club
96 Carl Knight	00:37:05	00:36:58 MV 50	16	83
97 Richard Kerry	00:37:05	00:37:05 M Sen	44	84 Erewash Valley RC
98 Alex Keeble	00:37:08	00:36:59 M Sen	45	85
99 Vicki Thurston	00:37:15	00:37:05 FV 35	8	14 Formula One Circuit Crew
100 Rachel Johnson	00:37:19	00:37:19 F Sen	7	15
101 Lisa Jones	00:37:25	00:37:19 FV 45	1	16
102 Steven Lever	00:37:30	00:37:15 MV 40	23	86 Beeston AC
103 Anthony Walthall	00:37:32	00:37:18 MV 50	17	87 Redhill Road Runners
104 Adrian Pilbeam	00:37:37	00:37:13 M Sen	46	88 Lonely Goat RC
105 Daniel Shelton	00:37:39	00:37:30 M Sen	47	89
106 Owen Johnson	00:37:45	00:37:40 M Sen	48	90
107 Geoff Astley	00:37:45	00:37:38 MV 50	18	91
108 Bob Frake	00:37:46	00:37:46 MV 40	24	92
109 Richard Jackson	00:37:51	00:37:51 M Sen	49	93
110 Claire Hill	00:38:00	00:37:50 FV 45	2	17 Formula One Circuit Crew
111 Alan Armstrong	00:38:02	00:37:53 MV 50	19	94
112 Laura Boulby	00:38:09	00:38:04 FV 35	9	18 Notts AC
113 Marc Kinch	00:38:25	00:38:13 MV 40	25	95 Long Eaton Running Club
114 Paul Boothroyd	00:38:32	00:38:24 MV 60	3	96 Erewash Valley RC
115 Shaun Arrowsmith	00:38:51	00:38:39 MV 40	26	97 Mansfield Harriers
116 Paul Bridgmound	00:38:53	00:38:43 MV 40	27	98 Long Eaton Running Club
117 Gordon Stoner	00:38:56	00:38:47 MV 60	4	99
118 Sally Hull	00:38:56	00:38:45 FV 35	10	19 Long Eaton Running Club
119 Jeff Marshall	00:38:59	00:38:46 MV 50	20	100
120 Dawn Blatherwick	00:39:02	00:38:56 FV 35	11	20 Long Eaton Running Club
121 Paul Coe	00:39:03	00:38:51 MV 60	5	101 ILKESTON RUNNING CLUB
122 Mhairi Billington	00:39:06	00:38:53 FV 45	3	21 Desford Striders
123 Craig Beers	00:39:09	00:38:48 MV 40	28	102
124 Abbie Hunt	00:39:11	00:38:59 F Sen	8	22 Long Eaton Running Club
125 Lorna Astley	00:39:13	00:39:05 FV 45	4	23
126 Steve Barker	00:39:20	00:39:06 MV 40	29	103 Redhill Road Runners
127 Darren Smart	00:39:22	00:39:06 MV 40	30	104
128 James Wall	00:39:34	00:39:27 MV 40	31	105
129 Peter Machin	00:39:40	00:39:26 MV 40	32	106 Long Eaton Running Club
130 Eleanor Dennis	00:39:43	00:39:31 F Sen	9	24
131 Natasha Carver	00:39:51	00:39:37 FV 35	12	25 Mansfield Harriers
132 Stuart Brook	00:39:56	00:39:46 MV 60	6	107 Holme Pierrepont RC
133 David O'Neill	00:40:04	00:39:47 MV 60	7	108
134 James Thompson	00:40:08	00:40:00 MV 40	33	109
135 Michael Dallard	00:40:10	00:39:52 MV 40	34	110 Team Derby Runner

136 Fraser Thompson	00:40:19	00:40:11 MV 50	21	111 Long Eaton Running Club
137 Louise McQuade	00:40:25	00:40:13 FV 45	5	26 Long Eaton Running Club
138 Stephen Tomlinson	00:40:28	00:40:14 MV 40	35	112 Newark Striders Running Club
139 Andrew Skelding	00:40:30	00:40:21 MV 50	22	113 SINFIN RUNNING CLUB
140 Laura Hickey	00:40:32	00:40:20 F Sen	10	27 ILKESTON RUNNING CLUB
141 Victoria Cooper	00:40:34	00:40:24 FV 35	13	28 Long Eaton Running Club
142 Nigel Lindley	00:40:36	00:40:29 MV 60	8	114
143 Paul Parker	00:41:21	00:41:14 MV 50	23	115
144 Steve Ebbage	00:41:25	00:41:08 MV 60	9	116 Rushcliffe AC
145 Gemma Daykin	00:41:44	00:41:27 FV 35	14	29 Beeston AC
146 Ian Nicholson	00:41:49	00:41:22 MV 60	10	117 Rushcliffe AC
147 Sam Spendlove	00:42:29	00:42:29 M Sen	50	118
148 Melanie Hopewell	00:42:30	00:42:22 FV 45	6	30
149 Jemma Orr	00:42:30	00:42:14 F Sen	11	31 SINFIN RUNNING CLUB
150 John Combie	00:42:30	00:42:20 MV 60	11	119 Newark AC
151 Ruth Davis	00:42:37	00:42:19 FV 35	15	32
152 Suzanne Chapman	00:42:38	00:42:19 F Sen	12	33
153 Megan Johnson	00:42:40	00:42:28 F Sen	13	34 Long Eaton Running Club
154 Carol Hall	00:42:43	00:42:33 FV 45	7	35
155 Ros Johnson	00:42:48	00:42:36 FV 55	1	36 DERWENT RUNNERS (DERBY)
156 Luke Woodiwiss	00:42:55	00:42:40 M Sen	51	120 Long Eaton Running Club
157 Rachel Toplis	00:42:59	00:42:49 F Sen	14	37 Long Eaton Running Club
158 Jacqueline Pearson	00:43:20	00:43:05 FV 35	16	38
159 Michael Clarke	00:43:29	00:43:10 MV 50	24	121
160 Neil Roberts	00:43:35	00:43:19 MV 50	25	122 Erewash Valley RC
161 Joann Lewis	00:43:39	00:43:23 FV 45	8	39 Long Eaton Running Club
162 Karen Bomfield	00:43:48	00:43:33 FV 45	9	40 Beeston AC
163 Colin Bostock	00:43:54	00:43:37 MV 60	12	123 Long Eaton Running Club
164 Mick Robinson	00:44:00	00:43:50 MV 60	13	124 Notts AC
165 Lloyd Spendlove	00:44:04	00:43:53 MV 50	26	125
166 Kevin Barry	00:44:12	00:43:58 MV 50	27	126 Long Eaton Running Club
167 Rich Turner	00:44:12	00:43:50 MV 40	36	127
168 Kirsty Ogelsby	00:44:25	00:44:11 M Sen	52	128 Notts Women Runners
169 Shaun Burton	00:44:32	00:44:08 MV 50	28	129 Long Eaton Running Club
170 Kevin Botto	00:44:41	00:44:22 MV 60	14	130 ILKESTON RUNNING CLUB
171 Lucy Fowlie	00:44:46	00:44:32 F Sen	15	41
172 Simon Hogg	00:44:54	00:44:44 MV 40	37	131
173 Lizzie Nile	00:44:57	00:44:46 FV 35	17	42
174 Jane Lunn	00:44:57	00:44:46 FV 45	10	43
175 Stephen Smith	00:45:17	00:45:04 MV 40	38	132
176 Clare Leeland	00:45:18	00:45:06 FV 35	18	44 Notts Women Runners
177 Andy Plummer	00:45:29	00:45:11 MV 50	29	133
178 Sarah Prior	00:45:31	00:45:13 FV 35	19	45
179 Carrie Chan	00:45:37	00:45:37 FV 35	20	46 Long Eaton Running Club
180 Martin Jessop	00:45:45	00:45:34 MV 40	39	134
181 Mohinderpal Samra	00:45:48	00:45:48 MV 50	30	135

182 Lisa Machin	00:45:50	00:45:36 FV 35	21	47 Long Eaton Running Club
183 Alyson Noodcock	00:45:52	00:45:36 FV 45	11	48 SINFIN RUNNING CLUB
184 Robert Lane	00:45:53	00:45:37 MV 40	40	136 SINFIN RUNNING CLUB
185 Paul Sharp	00:45:55	00:45:33 MV 40	41	137
186 Chris Bishop	00:45:55	00:45:40 MV 40	42	138
187 Lynsey Lawrence	00:46:14	00:45:59 FV 35	22	49
188 Nicola Lane	00:46:20	00:45:59 FV 45	12	50
189 Damian Cowlshaw	00:46:24	00:46:05 MV 50	31	139 Long Eaton Running Club
190 Jaanika Coates	00:46:26	00:46:11 FV 35	23	51
191 Mike Howard	00:46:27	00:46:15 MV 50	32	140 Long Eaton Running Club
192 Sarah Sharp	00:46:30	00:46:08 FV 45	13	52 Holme Pierrepont RC
193 Terrie Sharp	00:46:30	00:46:09 FV 35	24	53
194 Sam Jenkins	00:46:32	00:46:15 F Sen	16	54
195 Louise Lay	00:46:34	00:46:19 FV 35	25	55
196 Rachel Carrington	00:46:35	00:46:18 FV 35	26	56
197 Helen Emmett	00:46:42	00:46:24 FV 35	27	57
198 John Oldfield	00:46:43	00:46:30 MV 60	15	141 Holme Pierrepont RC
199 Jo Aldis	00:47:04	00:46:47 FV 35	28	58
200 Lisa Slater	00:47:07	00:46:51 FV 45	14	59 Notts Women Runners
201 Sarah Griffin	00:47:23	00:47:10 FV 35	29	60
202 Laura Peck	00:47:23	00:47:10 F Sen	17	61
203 Carole Hopkinson	00:47:25	00:47:13 FV 55	2	62
204 Jessica Shanks	00:47:28	00:47:12 FV 35	30	63 Holme Pierrepont RC
205 Jo Chilton	00:47:36	00:47:25 FV 45	15	64 Long Eaton Running Club
206 Terri Lynch	00:47:41	00:47:28 F Sen	18	65 Southwell Running Club
207 Beatrice Lowry	00:47:46	00:47:35 F Sen	19	66
208 Miriam Lowry	00:47:46	00:47:46 F Sen	20	67
209 Amy Miles	00:47:51	00:47:36 F Sen	21	68
210 Laura Etchells	00:48:15	00:48:09 FV 35	31	69
211 Stuart Vickers	00:48:30	00:48:15 M Sen	53	142 Redhill Road Runners
212 Kathy Crockford	00:48:57	00:48:43 FV 55	3	70 Long Eaton Running Club
213 Martin Biddle	00:49:01	00:49:01 MV 40	43	143
214 Brian Robert Stone	00:49:04	00:48:57 MV 60	16	144 Holme Pierrepont RC
215 Anna Hughes	00:49:16	00:49:01 FV 45	16	71
216 Deb Booler	00:49:20	00:49:20 FV 45	17	72 Team Derby Runner
217 Bob Crockford	00:49:26	00:49:02 MV 60	17	145 Long Eaton Running Club
218 Donna Farmer	00:49:28	00:49:13 FV 45	18	73
219 Alyson Heery	00:49:34	00:49:16 FV 45	19	74
220 Alex Marchbank	00:50:01	00:49:42 F Sen	22	75
221 Joanne Moore	00:50:25	00:50:14 FV 45	20	76 Long Eaton Running Club
222 Kirsty Buxton	00:50:33	00:50:15 FV 45	21	77
223 Joanne Battle	00:50:38	00:50:19 FV 35	32	78
224 Vikki Adcock	00:50:40	00:50:21 FV 45	22	79
225 Zoe Cowlshaw	00:50:42	00:50:23 F Sen	23	80 Long Eaton Running Club
226 Friedel Plant	00:50:56	00:50:49 FV 55	4	81 Holme Pierrepont RC
227 Lynne Chapman	00:51:05	00:50:44 FV 55	5	82

228 Emily Freshwater	00:51:26	00:51:13 F Sen	24	83
229 Hilary Rockley	00:51:35	00:51:16 FV 45	23	84
230 Anthony Peters	00:51:37	00:51:35 MV 40	44	146
231 Martina Sykorova	00:51:45	00:51:23 F Sen	25	85
232 Lee Taylor	00:51:47	00:51:32 M Sen	54	147 University of Nottingham AC
233 Julie Skelding	00:51:56	00:51:42 FV 55	6	86 Team Derby Runner
234 Sarah Brennan	00:52:25	00:52:12 FV 35	33	87 Long Eaton Running Club
235 Charlotte Land	00:52:49	00:52:39 F Sen	26	88 Shelton Striders
236 Kevin Twissell	00:52:50	00:52:25 MV 40	45	148
237 Karen Hodgson	00:52:51	00:52:35 FV 55	7	89 Erewash Valley RC
238 Christine Oldfield	00:52:59	00:52:53 FV 55	8	90 Holme Pierrepont RC
239 Sarah Stephenson	00:53:08	00:52:53 FV 35	34	91
240 Karen Murfin	00:54:32	00:54:14 FV 45	24	92
241 Jas Johal	00:55:21	00:55:07 FV 45	25	93
242 Natalie Andrews	00:55:27	00:55:06 FV 35	35	94
243 Sarah Nice	00:55:27	00:55:07 FV 45	26	95
244 Maxine Langton	00:56:54	00:56:33 FV 45	27	96
245 Amy Roberts	00:56:54	00:56:34 F Sen	27	97
246 Jo McCormack	00:57:50	00:57:31 MV 40	46	149
247 Margaret Parr	00:58:06	00:57:49 FV 55	9	98
248 Steve Groves	00:58:32	00:58:16 MV 60	18	150
249 Tracey Dennis	00:58:42	00:58:30 FV 45	28	99 Long Eaton Running Club
250 Susan Kidsley	00:59:30	00:59:07 FV 45	29	100
251 Heather Winter	00:59:35	00:59:13 FV 35	36	101
Dawn Berehowskyj-				
252 Weedon	00:59:54	00:59:31 FV 45	30	102
253 Helen Lee	01:00:27	01:00:07 FV 35	37	103
254 Joanne Loydall	01:01:22	01:00:58 FV 35	38	104
255 Sarah Turner	01:03:32	01:03:10 FV 35	39	105
256 Cara Kumah	01:03:33	01:03:09 FV 35	40	106
257 Sarah Shaxted	01:05:14	01:04:52 FV 35	41	107
258 Angela Byrne	01:05:15	01:04:54 FV 45	31	108
259 Sharon Cotterill	01:05:15	01:04:54 FV 45	32	109