

Trent 5 mile race

Wednesday 10th June 2009

Place	Women	Men	Name	Club	Time
1		1	Colin Palmer	Notts AC V40	26:56
2		2	James Plumb	Bristol AC	27:03
3		3	Mark Greenwood	Lincoln Wellington AC	27:14
4		4	Kev Hope	Notts AC	27:46
5		5	Douglas Ross	Mansfield Harriers AC V40	28:00
6		6	Stewart Bates	Formula One	28:12
7		7	Neil Rossin	Redhill Road Runners	28:48
8		8	Matty Brennan	Erewash Valley RC	29:16
9		9	Robert Fox	Long Eaton Running Club V40	29:35
10	1		<i>Sharon Orridge</i>	<i>Long Eaton Running Club LV35</i>	29:38
11		10	Dicky Wilkinson	Long Eaton Running Club V40	30:01
12		11	Terrance Smith	Redhill Road Runners	30:13
13		12	Richard Hyde	Erewash Valley RC V40	30:22
14		13	Barrie Moss	Redhill Road Runners V50	30:35
15		14	Phil Abbott	Long Eaton Running Club	30:57
16	2		<i>Louise Collins</i>	<i>Formula One L</i>	31:23
17		15	Neil Weightman	Erewash Valley RC V40	31:28
18		16	John Angell	Unattached	31:33
19		17	Mario Rocchell	Long Eaton Running Club	31:42
20		18	Seph Pochin	Formula One	31:43
21		19	Kevin Brown	Redhill Road Runners	31:45
22		20	Neil Devonport	Holme Pierrepont RC V50	31:49
23		21	Tony Jayynewycz	Unattached	31:51
24		22	Stephen Wickham	Erewash Valley RC V50	31:59
25		23	James Berehowskyj	Unattached	32:10
26		24	Brian Goodall	Erewash Valley RC V50	32:20
27		25	Luke Saxton	Unattached	32:22
28		26	David Vernau	Formula One	32:22
29		27	Richard Belton	Notts AC	32:25
30		28	Robert Jackson	Long Eaton Running Club V40	32:28
31		29	Steven Chamberlain	Unattached	32:33
32	3		<i>Mary Bolland</i>	<i>Redhill Road Runners L</i>	32:37
33		30	Jonathan Pitts	Ilkeston Running Club V40	32:39
34		31	Neil Stevens	Unattached	32:50
35		32	Jeff Gifford	Erewash Valley RC V40	32:58
36		33	Alan Maplethorpe	Long Eaton Running Club V40	33:01
37		34	Keith Pepper	Formula One V40	33:07
38		35	Geoff Astley	MVH Triathlon Club V40	33:09
39		36	Adrian Swepstone	Unattached	33:10
40		37	Mark Stowell	Unattached V40	33:12
41		38	Lloyd Staszkievicz	Unattached	33:26
42		39	Jon Coupland	Redhill Road Runners	33:27
43		40	Ashok Patel	Long Eaton Running Club V50	33:34
44		41	Richard Spencer	Unattached V40	33:39
45		42	Keith Spriggs	Unattached	33:47
46		43	Anthony Parker	Unattached V40	33:52
47		44	Scott Bennett	Erewash Valley RC	33:55
48	4		<i>Frances McKinnon</i>	<i>Southwell RC L</i>	34:02
49		45	Angus Davison	Unattached V40	34:07
50		46	Dave Mann	Ivanhoe Runners V50	34:10
51		47	Robert Orgill	Newark AC V40	34:14
52		48	Kevin Dickinson	Unattached V40	34:23
53	5		<i>Beth Hird</i>	<i>Formula One L</i>	34:26
54		49	Robert Sharratt	Ilkeston Running Club V50	34:43
55	6		<i>Tracey Hallam</i>	<i>Notts AC LV35</i>	34:53
56	7		<i>Sarah Vernau</i>	<i>Formula One L</i>	34:57
57		50	Clarence Ward	Holme Pierrepont RC V50	34:57

58		51 Colin Scotchford	Unattached	V40	35:02
59		52 Ken Allen	Notts AC	V60	35:29
60		53 Richard Miston	Notts AC	V40	35:33
61		54 Jerry Scarrott	Holme Pierrepont RC	V50	35:35
62		55 Morgan Field	Unattached		35:37
63		56 Darren Pyefinch	Unattached		35:39
64		57 Paul Watson	Unattached		35:40
65		58 Duncan Gedge	Long Eaton Running Club	V40	35:40
66		59 Shaun Burton	Long Eaton Running Club	V40	35:42
67		60 Herve Morvan	Unattached		35:51
68		61 John Hay	Long Eaton Running Club	V40	35:52
69		62 Julian Bramley	Unattached	V40	35:55
70		63 Damian Cowlshaw	Long Eaton Running Club	V40	35:56
71	8	<i>Clare Coombes</i>	<i>Mansfield Harriers AC</i>	<i>LV35</i>	<i>35:58</i>
72		64 Paul Gillingwater	Long Eaton Running Club	V50	35:58
73		65 Colin Lewis	Erewash Valley RC	V50	36:01
74	9	<i>Mary Mills</i>	<i>Holme Pierrepont RC</i>	<i>LV45</i>	<i>36:07</i>
75	10	<i>Jackie Mather</i>	<i>Long Eaton Running Club</i>	<i>LV45</i>	<i>36:08</i>
76	11	<i>Caroline Waterhouse</i>	<i>Long Eaton Running Club</i>	<i>LV35</i>	<i>36:19</i>
77		66 Ian Williams	Long Eaton Running Club		36:23
78		67 Colin Bostock	Long Eaton Running Club	V50	36:29
79		68 Dennis Parker	Erewash Valley RC	V50	36:39
80		69 Mike Drury	Redhill Road Runners		36:42
81		70 Paul Clark	Unattached		36:43
82		71 David Bradbrook	Unattached		36:50
83	12	<i>Jane Lewis</i>	<i>Unattached</i>	<i>LV35</i>	<i>36:54</i>
84		72 Pete Holmes	Erewash Valley RC	V40	36:55
85		73 Micheal Whatling	Unattached	V50	37:03
86	13	<i>Claire Gribbin</i>	<i>Southwell RC</i>	<i>L</i>	<i>37:06</i>
87	14	<i>Bev Barnes</i>	<i>Redhill Road Runners</i>	<i>LV45</i>	<i>37:11</i>
88		74 Robert Warbuton	Long Eaton Running Club	V50	37:19
89		75 Nigel Starr	Erewash Valley RC	V50	37:21
90	15	<i>Rowan Staszkiwicz</i>	<i>Unattached</i>	<i>L</i>	<i>37:23</i>
91		76 Nick Radford	Unattached		37:30
92	16	<i>Hilary Hare Duke</i>	<i>Holme Pierrepont RC</i>	<i>LV45</i>	<i>37:33</i>
93		77 Mark Connolly	Run Local	V40	37:34
94		78 David Barrand	Unattached		37:49
95		79 Stephen Hopewell	Unattached	V40	38:01
96		80 Dave Weston	Long Eaton Running Club		38:10
97		81 Micheal Lyons	Unattached	V40	38:10
98		82 David Polkey	Unattached	V50	38:12
99		83 Frank Makin	Holme Pierrepont RC	V60	38:18
100		84 Geoff Foulston	Long Eaton Running Club	V60	38:24
101	17	<i>Louise Oreily</i>	<i>Long Eaton Running Club</i>	<i>LV35</i>	<i>38:26</i>
102		85 Chris Robson	Long Eaton Running Club	V50	38:27
103		86 Chris Whale	Unattached		38:48
104	18	<i>Orlaith Elston</i>	<i>Run Local</i>	<i>LV35</i>	<i>38:54</i>
105		87 Mark Oreilly	Unattached	V40	38:55
106		88 John Oldfield	Holme Pierrepont RC	V60	39:00
107		89 Chris Sanderson	Unattached		39:11
108	19	<i>Rachel Angell</i>	<i>Unattached</i>	<i>L</i>	<i>39:20</i>
109		90 Gavin Leatherland	Unattached	V40	39:33
110		91 Mark Tinsley	Unattached		39:42
111		92 Robert Browne	Erewash Valley RC	V50	39:44
112	20	<i>Melanie Berry</i>	<i>Long Eaton Running Club</i>	<i>LV35</i>	<i>39:46</i>
113	21	<i>Naomi Hudson</i>	<i>Notts AC</i>	<i>L</i>	<i>39:48</i>
114		93 Michael Monks	Redhill Road Runners	V50	39:51
115		94 Colin Blacknurn	Unattached	V40	40:08
116		95 Richard Ecob	Run Local	V40	40:09
117		96 Stephen Maurice	Unattached	V40	40:10
118		97 Dennis Reeson	Redhill Road Runners	V50	40:23
119	22	<i>Caroline Wickham</i>	<i>Erewash Valley RC</i>	<i>LV45</i>	<i>40:44</i>
120		98 Geoffrey Brown	Unattached	V50	41:10
121		99 Peter Gamble	Unattached	V50	41:36
122	23	<i>Catherine Jopling</i>	<i>Unattached</i>	<i>L</i>	<i>41:40</i>

123	24	Kate McBlane	Unattached L	41:43
124	25	Nina Iacovitti	Long Eaton Running Club LV35	41:56
125	26	Sandra Poole	Holme Pierrepont RC LV55	42:03
126	27	Melanie Dilley	Erewash Valley RC L	42:13
127	28	Carol Sharratt	Ilkeston Running Club LV45	42:31
128	29	Elizabeth Rawding	Long Eaton Running Club LV45	42:44
129	30	Patricia Allen	Notts AC LV55	42:55
130	31	Kathleen Johnson	Unattached LV35	43:04
131	32	Karen Wood	Unattached L	43:10
132	33	Alyson Packham	Run Local LV45	43:11
133	100	Martin Nelson	Run Local V50	43:11
134	34	Lorna Ford	Unattached LV35	43:12
135	35	Dianne Micallef	Run Local LV35	43:17
136	36	Gill McCulloch	Run Local LV45	43:25
137	37	Jackie Welburn	Unattached L	43:30
138	38	Laura Boulty	Notts AC L	43:51
139	39	Lynn Andrews	Long Eaton Running Club LV45	44:03
140	101	Stuart Bates	Long Eaton Running Club	44:03
141	40	Friedel Plant	Holme Pierrepont RC LV55	44:21
142	41	Nicola Grundy	Unattached LV35	44:27
143	42	Janet Hudson	Run Local LV45	44:29
144	43	Sue Robinson	Unattached LV45	44:30
145	102	Miles Hallam	Unattached	44:48
146	103	David Capel	Rolls Royce Harriers V60	44:53
147	44	Liz Adamson	Run Local LV55	44:59
148	45	Joanne Humphrey	Unattached L	45:11
149	104	Mark Webster	Unattached V40	45:12
150	46	Linda Parker	Unattached LV45	45:34
151	105	John McQueen	Unattached V40	45:35
152	47	Kathy Crockford	Long Eaton Running Club LV45	45:35
153	106	Simon Tye	Unattached V40	46:18
154	107	Keith Slater	Unattached V40	46:19
155	108	Kevin Watson	Unattached	46:19
156	48	Liz Smith	Run Local LV45	46:20
157	109	Bob Crockford	Long Eaton Running Club V50	47:04
158	49	Sarah-Jane Prior	Unattached L	47:09
159	110	Maurice Davey	Erewash Valley RC V60	47:22
160	50	Anna Chippington-Blackwel	Unattached LV35	47:41
161	51	Rebecca Muir	Unattached LV35	47:42
162	52	Christine Oldfield	Holme Pierrepont RC LV55	48:26
163	53	Susan Taylor	Unattached LV45	49:26
164	111	Steve Gaskin	Unattached	52:03
165	54	Julie Webster	Unattached LV35	52:23
166	112	Douglas Spalding	Ilkeston Running Club V60	53:10
167	55	Sarah McQueen	Unattached LV35	54:18
168	56	Lesley Gleeson	Run Local LV45	54:28
169	57	Leigh Errington	Unattached L	56:36