

# CROSSDALE

# 10K

19TH  
YEAR

TRAIL

AND

FUN RUN

16.09.18

Crossdale 11K

INCLUDING 2.5KM FUN RUN

To apply  
go to:

[www.crossdale11k.co.uk](http://www.crossdale11k.co.uk)

Keyworth, NG12 5HP

NEW  
FOR  
2018

an extra km and an extra hill!  
The Crossdale 10k grows to 11km