

Single Gravys 6th June 2018

Runner	Estimated Time	Handicap	Finish time	Actual time	Difference	
Amanda Chang	27:50	07:10	33:51	26:41	01:09	-
Rob Henderson	20:45	14:15	34:10	19:55	00:50	-
Jess Harrison	28:45	06:15	34:15	28:00	00:45	-
Dan Rawson	20:20	14:40	34:16	19:36	00:44	-
Stephen Connor	20:25	14:35	34:17	19:42	00:43	-
Guy Carney	23:20	11:40	34:23	22:43	00:37	-
Anthony Wright	23:55	11:05	34:32	23:27	00:28	-
David Rhodes	31:45	03:15	34:36	31:21	00:24	-
Michael Blades	20:50	14:10	34:45	20:35	00:15	-
Charlie Pearce	21:0	14:00	34:48	20:48	00:12	-
Matt Robson	19:25	15:35	34:49	19:14	00:11	-
George Russell	17:5	17:55	34:52	16:57	00:08	-
Kerry Tattershall Jones	28:30	06:30	34:55	28:25	00:05	-
Jackie Welburn	23:0	12:00	34:57	22:57	00:03	-
Lucy Grant	21:55	13:05	34:58	21:53	00:02	-
Rich Upward	22:20	12:40	35:01	22:21	00:01	+
Sophie Eadsforth	20:35	14:25	35:03	20:38	00:03	+
Genie Mihaylova	25:0	10:00	35:07	25:07	00:07	+
Nigel Adcock	22:30	12:30	35:08	22:38	00:08	+
Simon Barnes	19:50	15:10	35:08	19:58	00:08	+
Leon Hunt	23:0	12:00	35:12	23:12	00:12	+
Helen Cater	23:0	12:00	35:13	23:13	00:13	+
Catherine Simkins	21:10	13:50	35:15	21:25	00:15	+
Anna West	28:0	07:00	35:16	28:16	00:16	+
Mark Rowson	21:55	13:05	35:18	22:13	00:18	+
Salome Maybanks	23:0	12:00	35:19	23:19	00:19	+
Tim Hills	20:35	14:25	35:21	20:56	00:21	+
Phil Herd	17:45	17:15	35:25	18:10	00:25	+
Chris Robson	23:0	12:00	35:26	23:26	00:26	+
Chun Yau	26:50	08:10	35:31	27:21	00:31	+
Joe Gallagher	18:45	16:15	35:31	19:16	00:31	+
Mark Nandlal	18:35	16:25	35:32	19:07	00:32	+
Gary Fox	21:0	14:00	35:34	21:34	00:34	+
Megan Elliott	21:0	14:00	35:35	21:35	00:35	+
Steve Brown	20:5	14:55	35:36	20:41	00:36	+
Clive Morphett	22:10	12:50	35:37	22:47	00:37	+
Graham Beniston	25:40	09:20	35:39	26:19	00:39	+
Dave Bish	19:25	15:35	35:43	20:08	00:43	+
Penny Page	23:0	12:00	35:46	23:46	00:46	+
Chris Greensmith	26:50	08:10	35:49	27:39	00:49	+
Chris Bell	17:30	17:30	35:50	18:20	00:50	+
Geoff Pennington	20:0	15:00	35:51	20:51	00:51	+
Steve Mitchell	24:50	10:10	35:52	25:42	00:52	+
Marie Pardon	22:30	12:30	36:00	23:30	01:00	+
Mick Lord	24:30	10:30	36:03	25:33	01:03	+
Jack Bibby	23:0	12:00	36:06	24:06	01:06	+

Sam Barfield	20:20	14:40	36:10	21:30	01:10	+
Clint Southern-Warburton	22:0	13:00	36:12	23:12	01:12	+
Ruth Selvey	28:40	06:20	36:13	29:53	01:13	+
Sarah Lightman	24:50	10:10	36:20	26:10	01:20	+
John Walker	21:0	14:00	36:28	22:28	01:28	+
Robert Jackson	21:45	13:15	36:29	23:14	01:29	+
Steve Rooney	23:25	11:35	36:47	25:12	01:47	+
Shane Fenn	23:0	12:00	37:06	25:06	02:06	+
Lisa Jane Onion	35:0	00:00	38:26	38:26	03:26	+
Di Stovin	29:0	06:00	38:29	32:29	03:29	+

A record entry on a cool evening with perfect running conditions.

Thanks to guest handicappers John Evans and James Isherwood