

Minutes of the Beeston Athletics Club Annual General Meeting, Wednesday 22 November 2017, Boat and Horses

Present: Rab Acid, Andy Hunter, Peter Rowlatt, John O'Donnell (Chair), Mark Rowlson, Chris Bexton, Mike Blades, Dan Rawson, Penny Page, Geoff Pennington, Brendan Hanley, Chris Bell, Neil Byford, Holly McCain, Agata Cienciala, Jackie Welburn, Julie Lord, Simon Elliott, Jane Lewis, Patrick Land, Matt Jones, Dominic Bowen, Catherine Simkins, Charlie Pearce, Tim Hills, John Walker, Harry Taylor, Steve Mason, Ken Morrell, John Evans, Nigel Adcock, Gary Fox, Paul Page, Paul Russell, Paul Dennis, Karen Barnfield, Shane Fenn, Ken Allen, Steve Rooney, Richard Eadsforth, Sophie Eadsforth, David Cross, Helen Rawson, Mick Lord, Clint Southern-Warburton, George Russell, Catherine Wilson, Andrew Mothershaw, James Isherwood, Carrie Barker, Alison Hogg, Lucy Grant, Emma Adams, Jack Bibby, Karen Mitchell, Simon Barnes, Phil Herd

Apologies for absence were received from: David Broadbent, Dave Smith, Teresa Godfrey, Steve Brown, Dave Bish, Rob Henderson, Ndiarka Mbodji, Anthony Williamson

1. Minutes of the AGM held 16 November 2016: Approved.

2. Treasurer's report

The club now has 155 full members and 9 second claim members, an increase in membership from 2016 when the club had 127 full members. Income totalling £4,302.70 has mainly come from subscription payments, Trent 5 profit of £762.70 and sales of jackets and vests. Expenditure for the year totalled £3,363.46, with main costs being England Athletics registration and affiliation, summer league registration and training courses, leaving a balance of £1,997.39 as cash in bank, with assets of 31 vests.

4. Road Race Secretary's report and presentation of road league trophies

There has been a record turn out on the road this year with 105 runners taking part in at least one race on the calendar.

Chris Bell is the mens Champion this year with Rob Evans 2nd and James Isherwood 3rd. The womens championship again went to Sophie Eadsforth. Chris Bexton was second and Catherine Simkins third.

In the Summer League

Teams

Beeston AC's senior women finished 7th out of 13 teams, Beeston AC's vet women finished 3rd out of 15 teams and Beeston AC's vet men finished 5th and 11th out of 18 teams.

Individuals

V35 3rd overall Sophie
V35 4th overall Catherine Simkins
V35 11th overall Jackie
V55 1st Chris Bexton
V40 4th Chris Bell
V60 5th John O'Donnell

County Championship medals

Chris Bexton: V55 5K Bronze, V55 10K Gold, V55 Half Marathon Gold and V55 Marathon Gold

Catherine Simkins: V35 5K Bronze and V35 10K Bronze
Catherine Wilson: Sen 10K Bronze
Sophie Eadsforth: V35 10K Silver
Chris Bell: V40 10K Silver
Angus Davison: V40 10K Bronze
Simon Elliott: V60 10K Bronze
John O'Donnell: V70 10K Gold and V70 Marathon Gold.

...and finally huge congratulations to Sonka for winning the Robin Hood Marathon.

There were three overseas trips during the year, 22 went to Riga Latvia in May, 12 went to Wroclaw Poland in June and 40 went to Tenerife in November.

A few notes from the last Notts AAAs meeting:

Rule changes for 2018 mean that all County Championship and Summer League vet categories for men and women are both V35, V45, V55, V65, V75.

Summer League

Race 1	April	Hexgreave Park
Race 2	May	Balderton
Race 3	June	Holme Pierrepont
Race 4	July	Worksop College
Race 5	August	Teversal

County Championship races for 2018 are

5K	Newstead Abbey Dash
10K	Holme Pierrepont Heritage 2
10 miles	Notts 10
HM	Worksop Half Marathon
Marathon	Robin Hood Marathon is still under review by the organisers

Well done to the many runners have achieved PBs during the year and I wish everyone an injury free 2018.

5. Fell Race Secretary's report and presentation of fell league trophies

The Fell Race League completed two weeks ago with the toughest race on the Calendar. In total this year **34 Males** and **17 Females** members raced, an increase of **16**.

Since last year we have found the Fell Trophy hidden in a shed.

To the results, 20 Races, best out of 6 to Count.

This year by 2pts the **Men's Champion** this year is John Evans with Dan Rawson as the runner up. Third place was joint with Andrew Mothershaw and myself.

The **Women's Championship** goes again to Catherine Wilson followed closely with 2pts behind by Jackie Welburn. No other qualifiers.

8 Males and **2 Females** completed 6 of the races. I'm going to up the number of Qualifying races to **8** for next year.

We didn't score well in the **Nottinghamshire County Fell Championship** Wolf's Pitt Fell Race, results are on the Notts AAA website. George Bramell cut his finger on a post and required stitches.

Injuries, I managed to twist my ankle in June which cost me 2 months off running and is still swollen.

The First Race next year is likely to be Wolf's Pitt Fell Race in the Hope Valley 3rd week in March.

Any suggestions for the Calendar welcome, all info and links on the BAC Website Fell Running page.

6. Cross Country Secretary's report

Last winter's Cross-Country competition saw a record 38 men and 15 women battle for supremacy in the parks and fields of Nottinghamshire and the Midlands.

Beeston had 28 runners complete the Bramcote race of the East Mids league and 25 runners complete the National at Wollaton Park.

6 women and 7 men gave themselves a chance of victory in the Beeston league by completing 6 or more races.

Both competitions went down to the wire with Dan Rawson, Steve Mason, Catherine Wilson, Sophie Eadsforth and Catherine Simkins all in contention for the top spots at the National at Wollaton Park.

Dan was assured of first place in the men's but Steve could draw level on points if he were to be first Beeston runner home. He wasn't and so Dan Rawson retained the men's trophy by 3 points.

Sophie appeared to have a comfortable lead in the women's but both the Catherines could overtake her in the last race. Catherine Wilson did and so claimed the women's trophy by 5 points.

Second places went to Steve Mason and Sophie Eadsforth and third places to Richard Upward and Helen Rawson.

Special mentions must go to Catherine Simkins and Nicki Ottley de la Salle for winning the Bramcote Park and Colwick Woods rounds of the East Midlands league.

Team results:

North Midlands league - Beeston men: N/A; Beeston women: N/A
East Midlands league - Beeston men: 5th (of 15); Beeston women: 10th (of 13)
County champs - Beeston men: 7th (of 13); Beeston women: 5th (of 21)
Midlands champs - Beeston men 21st (of 33); Beeston women: 15th (of 27)
National champs - Beeston men 90th (of 131); Beeston women: 58th (of 93)
Closing date for entries to this year's championships:

10th December - County at Shipley Park on Saturday 6th January
7th January - Midlands at Wollaton Park on Saturday 27th January
12th January - National at Parliament Hill London on Saturday 24th February

7. Ladies' Secretary's report

Growth in numbers of lady members has continued though is slowing, with 51 women now in the club compared to 47 last year. This represents one-third of the current membership of 155. Participation in races is also continuing to increase, 33 in the road league last year and 34 this year and even more in the cross country and fell leagues. Last year the vet ladies were 4th in the Summer League but went one further this year and secured the bronze position. Other highlights have been seeing Sonka's success in the Robin Hood and Santa Cruz marathons recently, and Sophie and Jackie winning medals as part of a Notts County cross country team in last Saturday's Midland Inter Counties race.

I'm now stepping down as Ladies Rep to take on the Club Secretary role, a job I took on in 2013, and said at the point of accepting that I saw my job, in addition to putting forward women's views to an otherwise totally male committee at that time as encouraging women to participate in the summer league races, and in particular in the two cross country leagues. This has definitely happened (though little to do with me), and I'm so pleased to see so many women enthusiastically getting covered in mud in the winter months – personally I've gone off it but wish you all the best in the next few weeks in the East Mids and North Mids races to come!

8. Report on Club Handicap Races

Simon Elliott was the chief organiser of the handicap races, in particular the Trent Lock challenge and took charge with many members marshalling, 31 runners took part and the winner was Lucy Grant. Helen Rawson was the handicapper for the Single Gravs, 55 runners, Michael Lyden came in first, and the handicapping was a great success. Phil Herd was the guest handicapper for the Double Gravs, 38 and this was won by Sarah Lightman. Many thanks go to the handicappers and Simon is looking for volunteers next year, John Evans will be handicapping the Single Gravs, and there is a vacancy for a guest handicapper for the Double Gravs.

9. Farewell Speech from Chair John O'Donnell

I would like to thank Rab Acid for again organising this year's trips aboard, when looking at numbers this is going from strength to strength, I would also like to thank Chris Bexton for stepping into the role of club secretary.

Finally I would like to thank all of the committee for all their help making it another successful year at Beeston AC; without their hard work we wouldn't be where we are today, but it's not just the committee that makes this club a success it's down to the lovely members who are in the club.

So please put hands together for the committee and yourselves, but before that, on a personal note I would like to say that it's been an honour and a privilege to have been your chairman for so many years, thank you.

10. Election of Officers:

<u>Position</u>	<u>2017 post holders</u>	<u>2018 applicants</u>	<u>Proposer</u>	<u>Seconder</u> Mark Rowlson
Chair	John O'Donnell	Simon Elliott	Rab Acid	

Treasurer	Peter Rowlatt	Peter Rowlatt	John O'Donnell	Simon Elliott
Secretary	Anthony Williamson	Chris Bexton	Mark Rowlson	John O'Donnell
Road League	Mark Rowlson	Mark Rowlson	Rab Acid	John O'Donnell
Fell League	Andy Hunter	Andy Hunter	John O'Donnell	Mark Rowlson
Cross Country League	Geoff Pennington	Daniel Rawson	Geoff Pennington	John O'Donnell
Women	Chris Bexton	Jackie Welburn	Daniel Rawson	Helen Rawson
Social	Chris Bexton	Jane Lewis	Penny Page	Theresa Gorman
Run leader	Mike Blades	Mike Blades	Chris Bexton	Mark Rowlson
Trent 5	Rab Acid	Rab Acid	Chris Bexton	Mark Rowlson
Member (beginners)	Penny Page	Penny Page	Sophie Eadsforth	John O'Donnell
Member	Daniel Rawson	Geoff Pennington	John O'Donnell	Chris Bexton

All APPROVED.

10. Date for Trent 5 Race 2018: either 16 or 23 May 2018 depending on summer league dates. The race was very successful and raised a good profit again.

11. London Marathon draw

First Anthony Williamson, second Paul Hartshorne and reserve Penny Page.

12. Presentation of Athlete of the Year trophy

This was a very close vote and won by one point – the winner was Chris Bell.

13. AOB

(a) Requests for funding for courses - Clint Southern-Warburton asked about the possibility of club members undertaking navigation training for fell races. Andy Hunter and David Broadbent will look at running training in 2018 for those interested.

(b) Simon Elliott proposed a vote of thanks to John O'Donnell for his sterling service to the club as Chair over many years, having joined the club probably around 1985.

(c) Overseas trips – some members are considering the Malta Half Marathon and other races on 23 February 2018. Another trip will also be arranged for spring/summer 2018.

(d) Communication – John's emails will discontinue and the main communication method will be via the Club's Facebook page whilst the committee considers a strategy.