

Beeston AC AGM

Meeting Minutes

11th November 2015

I. Call to order

John O'Donnell called to order the regular meeting of the Beeston AC AGM at 20:05 on 11th November 2015 at The Bar Beeston.

II. Apologies

Received from Dave Evans

III. Roll call

An attendee list was distributed. The following added their names:

John O'Donnell	James Isherwood	Lee Caterer	Tony Rushton
Mark Rowlson	Paul Page	Ken Allen	Robert Evans
Andy Hunter	Penny Page	Ken Sharp	Becky Evans
Christine Bexton	Simon Elliott	Rab Acid	Paul Dennis
Geoff Pennington	Clint Southern-	Trevor Lespear	Guy Carney
Peter Rowlatt	Warburton	Lizzie Arnall	Steve Rooney
Phil Farmer	Neil Byford	Leon Hunt	Mick Lord
Jane Hanratty	Caroline	Michelle Shaw	Julie Lord
Tim Hills	Waterhouse	Anthony	Lianne Wood
Stephen Mason	Michael Blades	Williamson	Guy Wood
Dan Rawson	Claire Cadogan	Nigel Adcock	

IV. Approval of minutes from last meeting

The minutes from the last AGM meeting had been distributed previously. Christine Bexton commented that they did not mention the discussion of Ladies' championships for the club's competitions. Otherwise the minutes were approved.

V. Reports

- a) Road Report – Mark Rowlson

Attached

- b) Fell Report – Andy Hunter

Andy Hunter won the Beeston Fell competition

- c) Cross Country Report – Geoff Pennington

- d) The Cross Country competition saw 15 men and 4 women compete over 11 races with 10 finishing the East Midlands League race at Bramcote Park. Tim Hills completed 10 races and flew the flag for Beeston AC at the National Cross Country Championships at Parliament Hill in London.

Tim Hills won the men's Cross Country competition with Geoff Pennington in second place and Anthony Williamson in third.

Chris Bexton won the women's Cross Country competition with Penny Walton-Page in second place and Theresa Gorman in third

- e) Financial Report – Pete Rowlatt

Attached

- f) Ladies Report – Christine Bexton

The number of ladies running for Beeston AC increased significantly over the year as did their involvement in all competitions.

VI. Election of officers

John O'Donnell asked whether the committee should remain 'as is'. After some discussion covering the committee and their rolls, Ken Sharp voted with the proposal and Rab Acid seconded the proposal. The committee will remain unchanged.

VII. Subscriptions

The English Athletics registration cost is increasing to £13 from £12. The committee raised the issue of changing the subscription fee to accommodate the increase but recommended that that it remained unchanged because the club has money in the bank, is not planning to spend or save money and makes sufficient money from the Trent 5 race to cover any expected expenditure.

A vote was taken and none were counted against keeping the membership cost unchanged.

The membership cost will remain at £15 a year.

VIII. Trent 5

The club's Trent 5 race will take place on 25th May 2016.

The number of entries very nearly exceeded the number of places that we had declared. Increasing the number of runners was debated but the general agreement was that more

than 300 would become too cramped on the course that is also shared with cyclists and dog-walkers.

Rab Acid proposed the addition of a separate 'kiddies race' but no interest was noted in support.

IX. Overseas

Rab Acid proposed finding a race on the Italian Amalfi Coast for 2016 and requested other suggestions from the members.

X. County Championships

The attendance at County Championship races was discussed with a comment that they received few entries compared to the number of available runners. It was noted that there is little clarity about the championships and many categories in 5 races.

XI. London Marathon Draw

Names were drawn for the club's London Marathon place. Pete Wallis was drawn first and Steve Mason was drawn second.

XII. Trophies

The Single Gravs trophies are to be awarded to Mick Lord for men's competition and Amanda Chang for the women's completion. The trophies were being engraved.

XIII. Any Other Business

1. Mike Blades introduced the new Beginners Group with a goal of completing a 5k after 10 weeks.
2. Clint Southern-Warburton asked if there were opportunities for members to ask for advice within the club. He stated that he was a nurse in training and would be willing to offer advice.
3. Rab Acid asked for recommendations of races that the club could attend.
4. Tim Hills asked how many of the Cross Country races counted in the club's competition – the answer is 6.
5. Rob Evans asked what the criteria were for entering the London Marathon ballot. The answer was that, to be included, a member must have had their own entry attempt rejected and have competed in 3 Summer League or Cross Country races.

A vote was held to choose between changing the criteria to (a) membership + a rejection letter or (b) to have competed in 3 Summer League or Cross Country races. The vote was 16:15 in favour of option (a): membership + a rejection letter

6. Steve Mason asked if we could choose a full marathon to race. It was agreed that suggestions should be sent to Mark Rowlson.
7. Ken Allen stated that the Tea Party would be held on Wednesday 9th December and that the location was 'a mystery'.
8. Friday is to be a 'head torch' run around the nature reserve.
9. Mike Blades reminded the attendees of the Beeston AC shirts and jackets that were available.

XIV. Adjournment

John O'Donnell adjourned the meeting at 21:30.

Minutes submitted by: Geoff Pennington

Road Race League Report 11th November 2015.

The Road Race League has now been completed.

Rob Evans is the men's Champion this year with John Evans the runner up. Third place went to Dan Rawson. The women's championship went to Chris Bexton with Helen Spencer second and Becky Evans third. Fifty eight members raced overall.

In the summer league, Helen, Amanda, John Evans, Dan, Dave Smith, John O'Donnell and Steve Leek competed in all five races. Beeston AC's men finished 6th out of 16 teams and Beeston AC's women finished 6th out of 11 teams.

County Championship medals

Chris Bexton	Marathon overall	Silver
	Marathon V55	Gold
	Half Marathon V55	Gold
	10K V55	Gold
	5K V55	Gold
Steve Mason	10K V40	Bronze
John O'Donnell	10K V60	Silver

I've circulated the 2016 County Championship races and Summer League races all of which will be on the calendar next year.

Well done to the many runners have achieved PBs during the year and wish everyone an injury free 2016.

Beeston AC balance sheet 2015

Income

Trent 5 profit £92.81
 Members subscriptions. 84 @ £15 £1,260.00

Expenditure
 England Athletics registration. 84 @ £12 £1,008.00
 Road registration £155.00
 XC registration £70.00
 Chilwell Olympia hire £137.00
 Training course - Leadership £60.00
 Training course - Coaching Assistant £340.00
 England Athletics Club affiliation £100.00
 Trophies £160.00

Total £2,222.81

Total £2,075.00

Balance £143.81

Cash in bank - Nov 2015 £1,328.51

Cash in bank - Dec 2014 £1,118.73

Expenditure of £470.12 on vests
 Stock of ladies vests and mens vests